

L LUNCH TRANSPORT 9-12

Menu L - October 2021 High School Transport Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Hot Dog* Bean & Cheese Burrito* Turkey Ham & Cheese Croissant* Broccoli Florettes Baby Carrot Packet Frozen Fruit Cups, Assorted Fresh Pear Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet
4 No School	5 No School	6 No School	7 No School	8 No School
11 Hamburger on a Bun* Mustard Pkt. Ketchup packet Wowbutter Sandwich* Turkey Ham & Cheese Lunch Kit* Baby Carrot Packet Edamame Orange Red Delicious Apple Milk, White 1% Milk, Chocolate NF	12 Krisp N Krunch Chicken Tender* Cheez-It Crackers* Ketchup packet Cheese Pizza Slice* Italian Combo Sandwich* Broccoli Florettes Baby Carrot Packet Fresh Pear Craisin Pkt. Milk, White 1% Milk, Chocolate NF	13 Corn Dog* Mustard Pkt. Ketchup packet Macaroni & Cheese* Cheez-It Crackers* Taco Dip Kit* Tortilla Chips*, IW 1 oz. Baby Carrot Packet Cauliflower Florettes 1/2 C Grapes Orange Milk, White 1% Milk, Chocolate NF	14 Chicken Mini Waffle Sandwich* Pepperoni Pizza* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Celery Sticks Baby Carrot Packet Red Delicious Apple Raisins Milk, White 1% Milk, Chocolate NF	15 Hot Dog* Mustard Pkt. Ketchup packet * Grilled Burrito Cheese & Chicken Sandwich* Frozen Fruit Cups, Assorted Fresh Pear Broccoli Florettes Baby Carrot Packet Milk, White 1% Milk, Chocolate NF
18 No School	19 Krisp N Krunch Chicken Tender* Cheez-It Crackers* Ketchup packet Cheese Pizza Slice* Italian Combo Sandwich* Broccoli Florettes Baby Carrot Packet Fresh Pear Craisin Pkt. Milk, White 1% Milk, Chocolate NF	20 Corn Dog* Mustard Pkt. Ketchup packet Macaroni & Cheese* Cheez-It Crackers* Taco Dip Kit* Tortilla Chips*, IW 1 oz. Baby Carrot Packet Cauliflower Florettes 1/2 C Grapes Orange Milk, White 1% Milk, Chocolate NF	21 Chicken Mini Waffle Sandwich* Pepperoni Pizza* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Celery Sticks Baby Carrot Packet Red Delicious Apple Raisins Milk, White 1% Milk, Chocolate NF	22 Hot Dog* Mustard Pkt. Ketchup packet * Grilled Burrito Cheese & Chicken Sandwich* Frozen Fruit Cups, Assorted Fresh Pear Broccoli Florettes Baby Carrot Packet Milk, White 1% Milk, Chocolate NF
25 Hamburger on a Bun* Mustard Pkt. Ketchup packet Wowbutter Sandwich* Turkey Ham & Cheese Lunch Kit* Baby Carrot Packet Edamame Orange Red Delicious Apple	26 Krisp N Krunch Chicken Tender* Cheez-It Crackers* Ketchup packet Cheese Pizza Slice* Italian Combo Sandwich* Broccoli Florettes Baby Carrot Packet Fresh Pear Craisin Pkt.	27 Corn Dog* Mustard Pkt. Ketchup packet Macaroni & Cheese* Cheez-It Crackers* Taco Dip Kit* Tortilla Chips*, IW 1 oz. Baby Carrot Packet Cauliflower Florettes 1/2 C Grapes	28 Chicken Mini Waffle Sandwich* Pepperoni Pizza* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Celery Sticks Baby Carrot Packet Red Delicious Apple Raisins	29 Hot Dog* Mustard Pkt. Ketchup packet * Grilled Burrito Cheese & Chicken Sandwich* Frozen Fruit Cups, Assorted Fresh Pear Broccoli Florettes

Milk, White 1% Milk, Chocolate NF	Milk, White 1% Milk, Chocolate NF	Orange Milk, White 1% Milk, Chocolate NF	Milk, White 1% Milk, Chocolate NF	Baby Carrot Packet Milk, White 1% Milk, Chocolate NF
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USDA and this institution are equal opportunity providers and employers.

Menu subject to change.

Whole grain items are indicated by *.